Sign up now!

# Don't miss Week 65 of the Immune Booster CSA!

Dear Former/Past Tantre Farm CSA Member,

**IMPORTANT NOTE:** We have transitioned to a <u>new online platform</u> for the Immune Booster. Please unsubscribe using the link at the bottom of this email if you would like to stop receiving emails from Tantre Farm. The new link for sign-up, instructions to sign up, the pick-up protocol, and this week's menu are all available on our website as well: <a href="https://www.tantrefarm.com/how-does-our-immune-booster-csa-work/">https://www.tantrefarm.com/how-does-our-immune-booster-csa-work/</a>.

This is a reminder about the **Immune Booster (Week 65 share box for \$68)**This share is for those of you who are looking to support our community of local farmers and food businesses and also supplement your supplies with fresh produce and value-added products for this coming Saturday, June 26.
Registration closes by midnight on Wednesday, June 23 or earlier if we sell out sooner. Come back each Monday to sign up for each week's share.

### **REMINDERS:**

Our NEW Strawberry U-Pick patch is open! This is probably the last week of strawberries until Sunday, June 27. This patch is located in Ann Arbor at the corner of Zeeb and Scio Church Roads and is open every day from 8AM - 7PM. Our strawberries are at still ripe and plentiful this week, so please visit <a href="https://www.tantrefarm.com/strawberries">https://www.tantrefarm.com/strawberries</a> for all of the details!

**Agricole Location Changed to Chelsea Farmers Market:** Just a reminder that the Immune Booster's Chelsea pick up location has been relocated to the Chelsea Farmers Market at Palmer Commons for the summer.

# This Week's Share

- Lettuce from Tantre Farm
- Rainbow Swiss Chard from Tantre Farm
- Rainbow Lacinato Kale from Tantre Farm
- Napa Cabbage from <u>Tantre Farm</u>
- Pea OR Sunflower Shoots OR Microgreens from <u>Garden Works</u>
   <u>Organic Farm</u>
- Garlic Scapes from <u>Tantre Farm</u>
- Broccoli from <u>Tantre Farm</u>
- Fava Beans from <u>Tantre Farm</u>
- English Thyme from Country Valley Farm
- o Multigrain Sourdough Loaf from Raterman Bread

- Broccoli Salad 12oz (vegan & gluten-free, contains nuts) from <u>Juicy Kitchen</u> Ingredients: Tantre Farm Broccoli, Red Grapes, Red Onion, Sliced Almonds, Dried Cranberries, Carrots, Dressing: Cashews, Maple Syrup, Apple Cider Vinegar, Garlic
- Casamiento Beans & Rice 16oz (vegan & gluten-free) from <u>Pilar's Tamales</u> Ingredients: Michigan Black Turtle Beans, Basmati Rice, Bell Peppers, Onions, Garlic, Canola Oil, Salt & Pepper
- Vietnamese Turmeric Chicken 16oz (gluten-free) from Ginger Deli Ingredients: Tantre Farm Swiss Chard & Purple Carrot, Halal Chicken Thighs, Fresh Turmeric, Yellow Onion, Garlic, Fresh Basil, Fresh Tarragon, Chili Powder, Smoked Paprika, Sesame Oil, Olive Oil, Lime, Salt, Black Pepper
- Sriracha Hot Sauce 8oz (vegan & gluten-free) from <u>The Brinery</u> Ingredients: Red Jalapenos, Garlic, Cane Sugar, Filtered Water, Sea Salt, Distilled Vinegar
- Vanilla Chai Hand Pump Soap 9oz (vegan) from <u>Tiani Body Care</u> Ingredients: Purified Water, Sunflower Seed Oil, Coconut Oil, Canola Oil, Vegetable Glycerin, Phenoxyethanol, Pure Essential Oil Blend: Vanilla Fruit Extract, Ginger Root Oil, Cinnamomum Zeylanicum Leaf Oil, Clove Flower Oil, Cardamom Seed Oil

### **PLEASE NOTE:**

Please understand that we try to give you an accurate listing of the produce in your box each week; however, since this menu is published before we pack the boxes on Fridays, we may sometimes have to substitute some vegetables for others. Mostly we are able to update you of changes in our Friday newsletter, but sometimes our decisions are made after the newsletter is published. Please let us know whenever you think you are missing anything, and we will try to find some way to make amends. Thank you for your patience and understanding, as we try to keep things as smooth as possible.

## **REGISTER HERE:**

Please note, if you have purchased the Summer 2021 CSA, you have an account in our new system. If you have not, you will need to create a new account on the new software.

# **ONLINE PAYMENTS preferred:**

Credit card payments can be made using PayPal (online transaction with a 3% fee). This helps streamline some very time-consuming data entry for our staff. Please note if you choose to use the COD option, leave us a note regarding your Venmo (Payments to @Deb-Lentz and if a security code is needed use 6748). If you plan to pay by Cash please bring the cash in an envelope marked with your name and the week number. If you plan to pay with a Check, please make the check out to Tantre Farm and write the week number in the "memo" field.

# **PICK UP OPTIONS:**

- Washtenaw Food Hub (4175 Whitmore Lake Rd., Ann Arbor) Saturday 9 am-12pm
- **SUMMER LOCATION -- Chelsea Farmers Market** (Palmer Commons 222 S. Main Street, Downtown Chelsea) Saturday 9 am-12pm

### **CONTACT INFO:**

The manager of Tantre Farm's Immune Booster CSA is Ryan Poe. He is assisted by Tantre Farm staff and by various other volunteers. You'll see them each week at the Food Hub when you pick up your share. Contact Ryan and Deb anytime at immuneboosterbytantre@gmail.com.

Please note that if you unsubscribe from this list (which you are always welcome to do, as noted at the bottom of this email), you will not receive any other communication from Tantre Farm in the future. In other words, you will no longer receive notices of any new CSA programs, current newsletters, open houses, or cooking events, etc. at Tantre Farm when you unsubscribe.

Thank you for supporting our local farmers and food artisans.

Deb Lentz & Richard Andres Tantre Farm 2510 Hayes Rd. Chelsea, MI 48118 734-475-4323 www.tantrefarm.com

### **Tantre Farm**

2510 Hayes Road, Chelsea MI 48118 United States







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