

REGISTRATION IS OPEN - IMMUNE BOOSTER (Week 62) CSA 2021

Register now!

Dear Former/Past Tantre Farm CSA Member,

Our menu is ready for those of you who are interested in the **Immune Booster** (Week 62) share box for \$65. This share is for those of you who are looking to support our community of local farmers and food businesses and also supplement your supplies with fresh produce and value-added products for this coming Saturday, June 5. Registration closes by midnight on Wednesday, June 2, or earlier if we sell out sooner. Come back each Sunday to sign up for each week's new share.

Please note the following REMINDERS:

- 1. AGRICOLE LOCATION CHANGED TO CHELSEA FARMERS MARKET: Just a reminder that the Immune Booster's Chelsea pick up location has been relocated to the Chelsea Farmers Market at Palmer Commons for the summer.
- **2. SUMMER CSA STARTING THE WEEK OF MEMORIAL DAY:** As many of you may know our CSA is sold out for Summer 2021, but please feel free to put yourself on the Waiting List, and we will let you know if we open to more members or have anyone looking for a share partner.

THIS WEEK'S "MEDITERRANEAN" SHARE:

- **Spinach** from <u>Tantre Farm</u>
- Lettuce from Tantre Farm
- Bok Choy from Tantre Farm
- **Pea OR Sunflower Shoots OR Microgreens** from <u>Garden Works Organic</u> <u>Farm</u>
- Hakurei Turnips from <u>Tantre Farm</u>
- Green Onions from Tantre Farm
- Carrot Mix from Tantre Farm OR Second Spring Farm
- Roasted Beet Hummus 8oz (vegan & gluten-free) from <u>Juicy Kitchen</u> Ingredients: Roasted Beets, Chickpeas, Lemon, Garlic, Tahini, Extra Virgin

Olive Oil, Salt & Pepper

- **Stuffed Grape Leaves** 4pk (vegan & gluten-free) from <u>Humus Falafil</u> Ingredients: Grape Leaves, Rice, Chickpeas, Parsley, Tomatoes, Onion, Corn Oil, Cinnamon, Nutmeg, Lemon Juice, Salt, Black Pepper
- Pita Bread from Local Vendor TBD Ingredients: TBD
- Tabbouleh Salad 1 pint (vegan, gluten-free, nut-free) from <u>El Harissa</u> Ingredients: Parsley, Quinoa, Pickled Red Onion, Tomatoes, Cucumbers, Bell Peppers, Sumac & Mint Dressing
- Horchata Granola 1 pint (contains nuts & gluten-free) from <u>Harvest Kitchen</u> Ingredients: Oats. Puffed Rice, Almonds, Cinnamon, Vanilla extract, Honey, Canola oil, Pink Himalayan sea salt.
- **Michigan Rhubarb Pie** 1/2 lb from <u>Zingerman's Bakehouse</u> Ingredients: Michigan Rhubarb, Sugar, Organic Michigan Wheat Flour, Butter, Water, Cornstarch, Sea Salt, Demerara Sugar, Eggs

PLEASE NOTE: Substitutions are available upon request for those with dietary restrictions or allergies ONLY. Substitutions will be in the form of additional Tantre Farm produce based on availability. Please let us know your needs in the Comments section of the registration or by emailing us at immuneboosterbytantre@gmail.com.

REGISTER HERE

Please note, if you have purchased the Summer 2021 CSA, you have an account in our new system. If you have not, you will need to create a new account on the new software system with all of your contact information.

ONLINE PAYMENTS preferred:

Credit card payments can be made using PayPal (online transaction with a 3% fee). This helps streamline some very time-consuming data entry for our staff. Please note if you choose to use the COD option, you may pay by Check, Cash or Venmo. Your Venmo payment should be made to @Deb-Lentz, and if a security code is needed use 6748. If you plan to pay by Cash please bring the cash in an envelope marked with your name and the week number. If you plan to pay with a Check, please make the check out to Tantre Farm and write the week number in the "memo" field.

PICK UP:

- Washtenaw Food Hub (4175 Whitmore Lk. Rd., Ann Arbor) Saturday 9am-12pm
- NEW LOCATION -- Chelsea Farmers Market (Palmer Commons 222 S. Main Street, Downtown Chelsea) Saturday 9 am-12pm

WHAT ARE WE DOING DUE TO COVID-19:

We are using masks when packing and handing out your shares. The CDC, FDA, WHO, and the European Food Safety Authority all report NO known cases of Covid-19 transmission through food or food packaging.

WEEKLY PROCESS: We are happy to continue the Immune Booster share every week following this process:

- Weekly registrations are open from Monday Wednesday
- Price is \$60-75/week
- Online payment PREFERRED (with PayPal online transaction fee), check, or VENMO

- Customers will receive two Friday emails; A pick-up reminder and a newsletter describing how to use each item.
- All pick-ups will be at the Washtenaw Food Hub and at Chelsea Farmers
 Market on Saturdays from 9 am-12 pm
- A market table with extra produce, honey, bread, oats, dried beans, and other Immune Booster value-added products will be available for extra purchase each week.
- Vegan/gluten-free substitutions available upon request. Substitutions will be in the form of additional produce from Tantre Farm.

CONTACT INFO:

The manager of Tantre Farm's Immune Booster CSA is Ryan Poe. He is assisted by Zoe Buhalis and other volunteers. You'll see Ryan and Zoe each week at the Food Hub when you pick up your share. Contact Ryan and Zoe anytime at immuneboosterbytantre@gmail.com.

Please note that if you unsubscribe from this list (which you are always welcome to do, as noted at the bottom of this email), you will not receive any other communication from Tantre Farm in the future. In other words, you will no longer receive notices of any new CSA programs, current newsletters, open houses, or cooking events, etc. at Tantre Farm.

Thank you for supporting our local farmers and food artisans.

Deb Lentz & Richard Andres
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